

Whoever has ears, let them

# HEAR

Humbly. Examine. Align. Respond.



2026 BIBLE READING PLAN

January - June



# INTRODUCTION

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*Scripture is one of the essential ways we are **Changed by Jesus***

Our vision at Metro Christian Church is to be a people *Changed by Jesus to live like Jesus*. One of the primary ways God shapes us is through the daily reading of Scripture. As we open the Bible each day, we come to know Jesus more deeply, see His heart more clearly, and be formed into lives that reflect His way of living. This devotional guide is designed to help you engage God's Word consistently and encounter Jesus throughout the year.

## H - E - A - R

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HUMBLY. EXAMINE. ALIGN. RESPOND.

*“Whomever has ears, let them hear.”*

—Matthew 11:15

This guide is designed to help you be **changed by Jesus to live like Jesus** through God's Word—by reading, meditating, and journaling Scripture.

This Bible reading plan is not intended to cover the entire Bible in one year or to be a comprehensive study of all Scripture. Instead, the goal of daily Scripture reading is to allow **the Word of God to read you**—to examine your attitudes, motivations, and innermost thoughts.

Here are four steps to help you to take time to **HEAR from God**.

# H – Humbly Come to God’s Word

*“Humble yourselves before the Lord, and he will lift you up.”*

—James 4:10

Approach God’s Word with humility by putting away devices and distractions. Be fully present to the Holy Spirit as you read.

Find a comfortable, quiet place and prepare your heart and mind by spending 1–2 minutes in silence, dedicating this time to the Lord.

You may begin with a prayer such as:

*“Lord, help me to see You through Your Word today.”*

*“Jesus, I am here. Please speak to me.”*

Read the passages for the day from the Bible found in the **Metro Bible Reading Plan**.

# E – Examine God’s Word

*“All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness.”*

—2 Timothy 3:16–17

As you read, examine the Scriptures for what speaks to your heart and connects with your daily life. In examining God’s Word, the ultimate goal is that **our hearts are examined by the Lord**.

Write down the verse(s) that stand out to you and what is being revealed at the top of a blank journal page.

Ask questions such as:

*What resonated with me?*

*What challenged or unsettled me?*

## A – Align to God’s Word

***“Search me, O God, and know my heart; try me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.”***

**– Psalm 139:23-24**

Write down how this portion of Scripture applies to your life today.

You may reflect using one or more of these prompts:

How am I being led to be changed by Jesus?

How am I being led to live like Jesus?

What do I believe God is saying to me through these verses?

How will I be different because of what I have read?

For example, you may recognize a tendency toward criticism, guardedness, or negative reactions. Write honestly about these thoughts and feelings before the Lord.

## R – Respond to God’s Word

***“Do not merely listen to the word, and so deceive yourselves. Do what it says.”***

**– James 1:22**

Respond to God’s Word **in prayer and practice**. Ask for God’s help to live faithfully each day in light of what He has shown you through Scripture.

Meditate on or commit to memory the verses you journaled on.

Conclude by writing a prayer to God about what you’ve learned and how you are responding.

## Week 1: January 12 - January 18

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- Mon:** John 1:1–14 • Psalm 1 • Genesis 1:1–5
- Tue:** John 1:15–28 • Psalm 2 • Isaiah 9:1–2
- Wed:** John 1:29–34 • Psalm 8 • Exodus 12:1–7
- Thu:** John 1:35–42 • Proverbs 1 • Isaiah 9:6–7
- Fri:** John 1:43–51 • Psalm 19 • Genesis 28:10–17
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 1:14

## Week 2: January 19 - January 25

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- Mon:** John 2:1–12 • Psalm 23 • Isaiah 25:6–9
- Tue:** John 2:13–25 • Psalm 27 • Malachi 3:1–3
- Wed:** John 3:1–15 • Ecclesiastes 3:1–8 • Ezekiel 36:25–27
- Thu:** John 3:16–21 • Psalm 34 • Isaiah 45:22–23
- Fri:** John 3:22–36 • Psalm 36 • Isaiah 40:3–5
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 3:16

## Week 3: January 26 - February 1

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- Mon:** John 4:1–15 • Psalm 42 • Exodus 17:1–7
- Tue:** John 4:16–26 • Proverbs 5:15–18 • Isaiah 12:1–6
- Wed:** John 4:27–42 • Proverbs 3:1–6 • Isaiah 55:10–11
- Thu:** John 4:43–54 • Psalm 67 • Hosea 14:1–2
- Fri:** John 5:1–15 • Psalm 91 • Isaiah 61:1–3
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 4:23–24

## Week 4: February 2 - February 8

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- Mon:** John 5:16–30 • Proverbs 3 • Isaiah 35:3–6
- Tue:** John 5:31–47 • Psalms 118 • Isaiah 58:6–9
- Wed:** John 6:1–15 • Psalms 78:23–29 • Exodus 16:11–15
- Thu:** John 6:16–24 • Psalms 107 • Job 9:8–11
- Fri:** John 6:25–35 • Proverbs 9 • Isaiah 55:1–3
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 6:35

## Week 5: February 9 - February 15

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- Mon:** John 6:36–59 • Psalms 121 • Deuteronomy 8:1–5
- Tue:** John 6:60–70 • Psalms 84 • Isaiah 26:3–4
- Wed:** John 7:1–13 • Ecclesiastes 7:1–4 • Isaiah 53:2–3
- Thu:** John 7:14–24 • Psalms 15 • Isaiah 11:1–4
- Fri:** John 7:25–44 • Psalms 16 • Hosea 6:1–3
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 6:68–69

## Week 6: February 16 - February 22

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- Mon:** John 7:45–53 • Proverbs 4 • Joel 2:12–13
- Tue:** John 8:1–11 • Psalms 51 • Isaiah 1:16–18
- Wed:** John 8:12–20 • Psalms 46 • Isaiah 60:1–3
- Thu:** John 8:21–30 • Psalms 90 • Isaiah 55:6–7
- Fri:** John 8:31–47 • Proverbs 4:18 • Jeremiah 31:31–34
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 8:12

## Week 7: February 23 - March 1

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- Mon:** John 8:48–59 • Psalm 95 • Exodus 3:13–15
- Tue:** John 9:1–12 • Psalm 146 • Isaiah 49:6
- Wed:** John 9:13–34 • Proverbs 20 • Exodus 4:11–12
- Thu:** John 9:35–41 • Psalm 40 • Isaiah 61:1–2
- Fri:** John 10:1–10 • Psalm 80 • Isaiah 40:10–11
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 10:10

## Week 8: March 2 - March 8

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- Mon:** John 10:11–21 • Psalm 100 • Ezekiel 34:11–16
- Tue:** John 10:22–30 • Proverbs 18 • Deuteronomy 33:27
- Wed:** John 10:31–42 • Ecclesiastes 12 • Zechariah 13:7
- Thu:** John 11:1–16 • Psalm 27 • Isaiah 25:6–8
- Fri:** John 11:17–27 • Psalm 116 • Job 19:25–27
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 11:25–26

## Week 9: March 9 - March 15

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- Mon:** John 11:28–37 • Lamentations 3:31–33 • Isaiah 25:8
- Tue:** John 11:38–44 • Psalm 30 • Ezekiel 37:1–10
- Wed:** John 11:45–57 • Psalm 2 • Isaiah 53:7–9
- Thu:** John 12:1–11 • Psalm 45 • Isaiah 52:13–15
- Fri:** John 12:12–19 • Psalm 118 • Isaiah 62:10–12
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 10:11

## Week 10: March 16 - March 22

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- Mon:** John 12:20–36 • Ecclesiastes 11:1–6 • Isaiah 50:4–7
- Tue:** John 12:37–50 • Psalms 33 • Isaiah 6:8–10
- Wed:** John 13:1–17 • Psalms 41 • Exodus 12:21-27
- Thu:** John 13:18-30 • Proverbs 21 • Isaiah 58:6-10
- Fri:** John 13:31-38 • Proverbs 19 • Zechariah 11:12-13
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 13:34-35

## Week 11: March 23 - March 29

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- Mon:** John 14:1-14 • Psalms 25 • Isaiah 35:8-10
- Tue:** John 14:15-31 • Psalms 143 • Ezekiel 36:26-27
- Wed:** John 15:1-17 • Psalms 1 • Jeremiah 17:7-8
- Thu:** John 15:18-27 • Psalms 44 • Isaiah 43:10-12
- Fri:** John 16:1-15 • Psalms 119:33-40 • Isaiah 12:2-3
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse – John 15:5

## Week 12: March 30 - April 5

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- Mon:** John 16:16-33 • Proverbs 15 • Isaiah 53:10-11
- Tue:** John 17:1-25 • Psalms 110 • Daniel 7:13-14
- Wed:** John 18:1-18 • Psalms 41 • Zechariah 13:7
- Thu:** John 18:19-40 • Psalms 2 • Isaiah 53:7
- Fri:** John 19:1-42 • Psalms 22 • Zechariah 12:10
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: John 16:33

## Week 13: April 6 - April 12

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- Mon:** John 20:1-18 • Psalm 24 • Zechariah 9:9
- Tue:** John 20:19-31 • Psalm 69 • Isaiah 56:6-7
- Wed:** John 21:1-14 • Proverbs 3 • Jeremiah 17:5-8
- Thu:** John 21:15-25 • Psalm 116 • Exodus 12:1-14
- Fri:** Romans 1:1-17 • Psalm 67 • Micah 3:9-12
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Romans 1:16

## Week 14: April 13 - April 19

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- Mon:** Romans 1:18-32 • Psalm 14 • Isaiah 5:20-24
- Tue:** Romans 2:1-16 • Psalm 51 • Ezekiel 18:30-32
- Wed:** Romans 2:17-29 • Psalm 10 • Deuteronomy 30:11-14
- Thu:** Romans 3:1-20 • Proverbs 6 • Isaiah 53:6
- Fri:** Romans 3:21-31 • Psalm 32 • Jeremiah 31:31-34
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Romans 3:23-24

## Week 15: April 20 - April 26

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- Mon:** Romans 4:1-25 • Psalm 32 • Genesis 15:5-6
- Tue:** Romans 5:1-21 • Psalm 145:8-9 • Habakkuk 2:4
- Wed:** Romans 6:1-14 • Proverbs 4:20-27 • Jeremiah 24:7
- Thu:** Romans 6:15-23 • Proverbs 11 • Deuteronomy 30:19-20
- Fri:** Romans 7:1-25 • Ecclesiastes 7 • Jeremiah 17:9-10
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Romans 5:8

## Week 16: April 27 - May 3

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- Mon:** Romans 8:1–17 • Psalms 143 • Isaiah 26:3
- Tue:** Romans 8:18–39 • Psalms 66 • Isaiah 43:1–7
- Wed:** Romans 9:1–15 • Ecclesiastes 7:13–14 • Malachi 1:2–3
- Thu:** Romans 9:16–33 • Psalms 98 • Isaiah 10:22–23
- Fri:** Romans 10:1–21 • Psalms 145 • Joel 2:32
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Romans 8:1–2

## Week 17: May 4 - May 10

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- Mon:** Romans 11:1–10 • Psalms 94 • 1 Kings 19:9–18
- Tue:** Romans 11:11–24 • Psalms 80 • Jeremiah 11:16
- Wed:** Romans 11:25–36 • Psalms 33 • Isaiah 45:22–25
- Thu:** Romans 12:1–8 • Psalms 40 • Micah 6:8
- Fri:** Romans 12:9–21 • Proverbs 5 • Leviticus 19:17–18
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Romans 10:9

## Week 18: May 11 - May 17

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- Mon:** Romans 13:1–14 • Psalms 72 • Daniel 2:20–21
- Tue:** Romans 14:1–23 • Psalms 24 • Isaiah 45:23
- Wed:** Romans 15:1–13 • Psalms 117 • Isaiah 11:10
- Thu:** Romans 15:14–33 • Psalms 67 • Genesis 12:3
- Fri:** Romans 16:1–27 • Proverbs 31 • Ruth 1:16
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Romans 15:13

## Week 19: May 18 - May 24

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- Mon:** Acts 1:1-11 • Psalm 47 • Joel 2:28-29
- Tue:** Acts 1:12-26 • Proverbs 16 • 1 Samuel 16:1-13
- Wed:** Acts 2:1-21 • Psalm 104 • Genesis 1:2
- Thu:** Acts 2:22-47 • Psalm 130 • Isaiah 44:3
- Fri:** Acts 3:1-26 • Psalm 103 • Isaiah 35:5-6
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Acts 2:42-43

## Week 20: May 25 - May 31

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- Mon:** Acts 4:1-22 • Psalm 118 • Isaiah 28:16
- Tue:** Acts 4:23-37 • Psalm 46 • Numbers 11:29
- Wed:** Acts 5:1-11 • Proverbs 21 • Joshua 7:1-5
- Thu:** Acts 5:12-42 • Psalm 145 • Malachi 4:2
- Fri:** Acts 6:1-15 • Proverbs 11 • Exodus 18:17-23
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Acts 4:32

## Week 21: June 1 - June 7

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- Mon:** Acts 7:1-43 • Psalm 116 • Nehemiah 9:6-15
- Tue:** Acts 7:44-60 • Psalm 31 • Daniel 7:13-14
- Wed:** Acts 8:1-25 • Proverbs 10 • Isaiah 54:2-3
- Thu:** Acts 8:26-40 • Psalm 119:105 • Isaiah 56:3-8
- Fri:** Acts 9:1-19 • Psalm 16 • Jeremiah 31:33
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Acts 7:55-56

## Week 22: June 8 - June 14

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- Mon:** Acts 9:20–31 • Psalms 96 • Isaiah 42:8
- Tue:** Acts 9:32–43 • Psalms 41 • 1 Kings 17:17–24
- Wed:** Acts 10:1–23 • Proverbs 2 • Isaiah 49:6
- Thu:** Acts 10:24–48 • Psalms 98 • Amos 9:11–12
- Fri:** Acts 11:1–18 • Psalms 96 • Isaiah 32:15
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Acts 9:15-16

## Week 23: June 15 - 21

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- Mon:** Acts 11:19–30 • Psalms 133 • Isaiah 11:1–10
- Tue:** Acts 12:1–25 • Psalms 34 • Exodus 14:13–14
- Wed:** Acts 13:1–12 • Psalms 47 • Zechariah 4:6
- Thu:** Acts 13:13–52 • Psalms 16 • Isaiah 55:3
- Fri:** Acts 14:1–18 • Psalms 115 • Isaiah 49:3-6
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Acts 13:47

## Week 24: June 22 - 28

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- Mon:** Acts 14:19–28 • Psalms 66 • Daniel 4:34–35
- Tue:** Acts 15:1–21 • Psalms 121 • Amos 9:11–12
- Wed:** Acts 15:22–41 • Proverbs 15 • Isaiah 2:2–4
- Thu:** Acts 16:1–15 • Psalms 133 • Zechariah 8:20–23
- Fri:** Acts 16:16–40 • Psalms 107 • Isaiah 42:6-7
- Sat:** Sabbath Rest
- Sun:** Reflection / Memory Verse: Acts 15:11







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