

ALIVE

YOUTH

THE GOD WHO SPEAKS



HEARING THE ETERNAL GOD IN OUR EVERYDAY LIVES

NAME:

GRADE:

ALL ABOUT THIS BOOKLET

These pages are here to help you live out your faith every day, not just on Sundays. They give you a simple ways to connect with God, reflect on his word, see how it matters in your life, and grow with others. Even small daily steps can help you grow closer to Him and make a difference in your life and the lives of people around you.

SUMMARY

A short, simple paragraph that explains what the lesson is about and why it matters for your life.

KEY THEME

A quick sentence that highlights the main idea or takeaway from the lesson.

MAIN SCRIPTURES

Bible verses that coincide with the week's lesson.

WHAT STOOD OUT TO ME

A space to write words, ideas, or thoughts that grab your attention or make you think from the Main Scriptures.

REFLECTION QUESTIONS

Journal questions to help you think about how the lesson relates to your life and what steps you can take this week.

DO SOMETHING ABOUT IT

One actionable step for the week to apply the lesson to your everyday life.

PRAYER

A prayer to say for the week to help posture your heart to lean on God and live out what you learned.



STUDENT GUIDE: “How do I know it’s God and not just me?”

When you think God might be speaking, ask these 5 questions:

Does it match the Bible?

God will never:

- Encourage sin
- Shame you
- Contradict Scripture

If it goes against the Bible, it’s not God.

Does it make me more like Jesus?

God’s voice leads toward:

- Love, Forgiveness, Humility, Courage, Integrity

If it makes you more selfish, prideful, or bitter – pause.

Does it bring conviction or shame?

Conviction says:

- “That wasn’t right. Let’s fix it.”

Shame says:

- “You’re terrible. You’ll never change.”

God corrects. The enemy condemns.

Am I trying to handle this by myself?

God didn’t design you to carry things alone. He provides leaders and mentors to guide, protect, & encourage you. If you’re keeping it to yourself, invite someone in.

Is this peace or is this panic?

God’s voice doesn’t scream at you. It doesn’t pressure you into impulsive decisions. Even when it’s challenging, God’s direction comes with a deep sense of peace. If it feels rushed, anxious, or overwhelming – slow down.

Final Reminder:

You grow in recognizing God’s voice the same way you recognize a friend’s voice – by spending time with Him. It’s okay to practice. It’s okay to learn. God is patient.



WEEK ONE



The God Who Speaks

SUMMARY

Can I actually hear God? Have you ever wondered if God really speaks—or if that’s just something adults say? The truth is, hearing God isn’t just for pastors or “super spiritual” people. If you belong to Jesus, you can learn to recognize His voice. Just like you know your best friend’s voice in a crowded room, you can learn to recognize God’s voice as you grow closer to Him. Following Jesus isn’t about moving on from hearing God—it’s about growing in confidence, clarity, and courage to obey what He says. This week, we’re starting with one big truth: God is speaking, and you can learn to hear Him. Jesus said His sheep know His voice. The question isn’t whether God speaks—it’s whether we’re leaning in to listen.

KEY THEME

God is not silent—you can learn to recognize His voice.

MAIN SCRIPTURES

1 Samuel 3:9-10 | Jeremiah 33:3 | John 10:27-28

WHAT STOOD OUT TO ME

Write down what stands out to you from the main scriptures (words, phrases, thoughts, questions):

WEEK ONE



The God Who Speaks

REFLECTION QUESTIONS

When you need advice, who do you usually listen to first (friends, parents, social media, yourself)? Why?

Do you think God still speaks today? Why or why not?

If God could clearly say one thing to you right now, what do you think you'd want it to be?

DO SOMETHING ABOUT IT

Spend five minutes each day this week asking, "God, what do You want me to notice today?" and write down anything that stands out.

PRAYER

God, thank You that You still speak today. Help me slow down and notice what You're showing me. Give me a heart that listens and the courage to respond. I don't want to miss Your voice this week. In Jesus' Name, Amen.

WEEK TWO



God Speaks Through Community

SUMMARY

You're Not Meant to Figure This Out Alone. Have you ever needed advice but weren't sure who to trust? God often speaks through other believers—friends, small group leaders, parents, mentors—who help guide us toward truth. Sometimes we think, "It's just me and God." But God designed us to grow together. The right community can:

- Encourage you when you're discouraged
- Call you out when you're drifting
- Help you see what you're missing
- Confirm what God may already be stirring in your heart

God can use your small group, a trusted friend, or a leader to help you hear Him more clearly. Following Jesus isn't a solo mission—it's a team journey.

KEY THEME

God often uses other believers to help us hear Him more clearly.

MAIN SCRIPTURES

Ecclesiastes 4:9-10 | Proverbs 27:17 | Hebrews 10:23-35

WHAT STOOD OUT TO ME

Write down what stands out to you from the main scriptures (words, phrases, thoughts, questions):

WEEK TWO



God Speaks Through Community

REFLECTION QUESTIONS

Has someone ever said something to you at just the right time?
What happened?

How do you decide whose voice you trust?

If God uses people to speak into our lives, what kind of friend do you
think He wants you to be to others?

DO SOMETHING ABOUT IT

Ask a trusted Christian friend or leader for advice about one real
situation you're facing and truly consider their input.

PRAYER

*God, thank You for the gift of community. Show me who the wise
and safe people are that I can trust and talk to. Give me courage to
open up, ask for help, and humility to listen. Help me remember I'm
not meant to do life alone. In Jesus' Name, Amen.*

WEEK THREE



God Speaks Through His Word

SUMMARY

The Bible Isn't Boring—It's Alive. If you want to hear God clearly, the first place to start is the Bible. Scripture isn't just an old book full of random stories—it's how God most clearly shows us who He is and how we should live. When you open your Bible, you're not just reading about God—you're giving Him space to speak into your real life: your friendships, your dating relationships, your stress, your identity, your future. And as you read, prayer becomes part of the process—because hearing God through His Word is a two-way conversation where we talk to Him about what we're reading and make space to listen for what He's saying. That's why learning to read and understand the Bible matters so much. This week, we'll practice a simple way to read Scripture (HEAR method) so you can grow in hearing God for yourself—not just on Sundays, but every day.

KEY THEME

The Bible is the clearest way God speaks and guides our lives.

MAIN SCRIPTURES

Romans 10:17 | James 1:22 | Hebrews 4:12

WHAT STOOD OUT TO ME

Write down what stands out to you from the main scriptures (words, phrases, thoughts, questions):

WEEK THREE



God Speaks Through His Word

REFLECTION QUESTIONS

Be honest – how often do you read the Bible, and what makes it easy or hard?

Have you ever read or heard a Bible verse that felt personal or meaningful? What was it?

If we truly believed that God still speaks through His Word, what would change about how we approach it?

DO SOMETHING ABOUT IT

Use the HEAR method on a scripture this week and write/journal about what God is teaching you.

PRAYER

God, thank You for giving me Your Word. Open my eyes to understand what You're teaching me. Help me to believe Your Word is truth. Teach me not just to read it, but to live it. Shape my heart to look more like Jesus day by day. In Jesus' Name, Amen.

WEEK FOUR



God Speaks Through His Spirit

SUMMARY

That Nudge You Feel? Pay Attention. If you follow Jesus, the Holy Spirit lives in you. That means God doesn't just speak from far away—He speaks personally and closely. The Spirit:

- Reminds you of truth
- Convicts you when you're about to make a bad choice
- Nudges you to apologize
- Prompts you to reach out to someone
- Brings peace (or caution) about decisions

God's voice through His Spirit is usually not loud or dramatic. It's often a quiet nudge that lines up with Scripture and reflects who Jesus is. The more time you spend with God, the more familiar His voice becomes. Learning to hear the Spirit takes humility, attention, and trust—but He is always guiding you toward what is good.

KEY THEME

The Holy Spirit guides, convicts, & reminds us of truth from within.

MAIN SCRIPTURES

John 14:25-27 | John 16:13 | Romans 8:14

WHAT STOOD OUT TO ME

Write down what stands out to you from the main scriptures (words, phrases, thoughts, questions):

WEEK FOUR



God Speaks Through His Spirit

REFLECTION QUESTIONS

Have you ever felt a “nudge” to do something good – like apologize or help someone? What did you do?

How can you tell the difference between your thoughts and God guiding you?

What would make it easier for you to pay attention to God during your normal week (school, sports, home, etc)?

DO SOMETHING ABOUT IT

The next time you feel a nudge to do something loving or right, act on it immediately instead of overthinking it.

PRAYER

Holy Spirit, help me recognize Your voice. When You nudge me to love, forgive, or act, help me obey quickly. Keep me from overthinking what You've made clear. Help me walk in the authority You've given me, and make me sensitive and responsive to You. In Jesus' Name, Amen.

WEEK FIVE



God Speaks Through Our Struggles

SUMMARY

What If God Is Talking in the Hard Stuff? No one likes struggles. Drama with friends. Anxiety. Family tension. Breakups. Injuries. Failure. Feeling left out. Not knowing what’s next. But what if God doesn’t waste any of it? Sometimes God speaks most clearly when life feels confusing or painful. He can use disappointment to redirect you. He can use failure to grow humility. He can use loneliness to draw you closer to Him. This doesn’t mean God causes every hard thing—but it does mean He can use every hard thing. Instead of asking, “Why is this happening to me?” what if we asked, “God, what are You teaching me?” Your struggle might actually become the place where you hear Him most clearly.

KEY THEME

God can use even our hardest moments to shape us and draw us closer to Him.

MAIN SCRIPTURES

Isaiah 41:10 | 2 Corinthians 12:9-10 | Romans 8:28

WHAT STOOD OUT TO ME

Write down what stands out to you from the main scriptures (words, phrases, thoughts, questions):

WEEK FIVE



God Speaks Through Our Struggles

REFLECTION QUESTIONS

What's something hard you've gone through that changed you?

Do you think pain can teach us something? Why or why not?

If God could use one struggle in your life for good, what would you hope comes out of it?

DO SOMETHING ABOUT IT

Take a moment this week to reflect & write down one current struggle and ask, "God, what might You be teaching me through this?"

PRAYER

God, You see what I'm walking through. Help me to remember that You are with me. Help me trust that You are working even in this struggle. Over time, show me what You're teaching me, and grow my faith through what feels hard. In Jesus' Name, Amen.

WEEK SIX



God Speaks Despite the Distractions

SUMMARY

Not Every Voice Deserves Your Attention. On Palm Sunday, crowds shouted for Jesus. Everyone had an opinion about who He should be and what He should do. But Jesus stayed focused on what the Father was saying. You live in a world full of voices: Social media, Friends, Culture, Your own emotions, Fear of missing out, Pressure to fit in. Not every voice telling you what to do is from God. God’s voice will always: Line up with Scripture, Reflect Jesus’ character, Lead toward love, truth, and obedience. Discernment means learning to test what you hear. Just because something is loud, popular, or emotional doesn’t mean it’s right. Spiritual maturity isn’t just hearing God—it’s learning to recognize which voices to ignore.

KEY THEME

Not every voice is from God, so we must learn to discern what’s true.

MAIN SCRIPTURES

1 Kings 19:11-13 | Romans 12:1-2

WHAT STOOD OUT TO ME

Write down what stands out to you from the main scriptures (words, phrases, thoughts, questions):

WEEK SIX



God Speaks Despite the Distractions

REFLECTION QUESTIONS

How much time do you think you spend on your phone or a screen in a day? How does it affect your focus?

What's the loudest "voice" in your life right now – pressure, expectations, comparison, fear?

What would it look like to create even 10 quiet minutes in your day?

DO SOMETHING ABOUT IT

Take one day this week to limit social media/screen time and pay attention to what voices are influencing your thoughts.

PRAYER

God, there are so many voices competing for my attention. Help me recognize what is shaping my thoughts. Turn down the noise so I can hear You clearly. I want your voice to be the one I listen to the most. In Jesus' Name, Amen.

WEEK SEVEN



God Speaks From the Cross

SUMMARY

The Loudest Message Was Spoken in Silence. On the cross, it may have looked like God was silent—but He was actually speaking the clearest message in history. Through Jesus’ final words, we see:

- Forgiveness for sinners
- Compassion for the hurting
- Hope for the hopeless
- A Savior who understands pain
- Total trust in the Father

The cross shows us what God is really like. He is loving. He is just. He keeps His promises. He doesn’t give up on us. Good Friday reminds us that even when life feels dark, God is still speaking. And what He says through the cross is this: You are loved. You are worth rescuing. And you can trust Him completely.

KEY THEME

The cross is God’s clearest message of love, forgiveness, and hope.

MAIN SCRIPTURES

Luke 23:34 | John 19:30 | Romans 5:8

WHAT STOOD OUT TO ME

Write down what stands out to you from the main scriptures (words, phrases, thoughts, questions):

WEEK SEVEN



God Speaks From the Cross

REFLECTION QUESTIONS

When you mess up, what do you usually feel first – guilt, embarrassment, defensiveness, shame?

What do you think the cross says about how God sees you?

If you really believed you were fully forgiven and loved, how might that change the way you live?

DO SOMETHING ABOUT IT

Read one of Jesus' final statements from the cross (like Luke 23:34 or John 19:30) and thank Him specifically for what it means for you.

PRAYER

Jesus, thank You for the cross. Thank You for loving me enough to give Your life for me. Help me live in the freedom and forgiveness You paid for. Teach me to follow You with gratitude and to generously show Your love to others. In Jesus' Name, Amen.

FINAL WORD: *Keep Listening*

This series isn't the end – it's the beginning.

You don't "graduate" from hearing God. You grow in it. The more time you spend with Him, the more familiar His voice becomes.

Sometimes He'll guide clearly. Sometimes He'll lead quietly.

Sometimes He'll grow you through waiting.

But here's what's true:

God is not distant. He is near. And He is still speaking.

You don't have to figure out your friendships, your future, or your identity alone. The Shepherd knows your name – and you can learn to recognize His voice. Keep listening.

How To Keep Hearing God:

When I want to hear God, I will:

- Start with Scripture – What has God already said?
- Pray honestly – Talk to Him and make space to listen.
- Seek wise community – Ask trusted believers for input.
- Pay attention to the Spirit – Notice His nudges and conviction.
- Test what I hear – Does it align with God's Word and character?

Hearing God isn't complicated – it's relational.

A Prayer To Carry With You

Jesus,

Thank You that You are a God who speaks.

Teach me to recognize Your voice.

Quiet the distractions in my life.

Give me courage to obey what You say.

Help me trust You as you lead me – even when it's hard.

I want to follow You. Have your way in me.

In Your Name, Amen.