

Walking the narrow path of faith means you'll eventually hit the Wall, a place where faith feels stuck, prayers unanswered, and God distant. This isn't failure; it's a sign you're moving forward. Our usual faith "formulas" stop working, and we're forced to face the mystery of God beyond answers and fixes. The Wall is a powerful moment in spiritual growth, challenging us to trust deeper.

PRAY ABOUT IT

- **Morning:** *God, help me trust You when faith feels uncertain and my prayers seem unanswered today. (Read Psalm 13:1-6)*
- **Afternoon:** *Lord, strengthen me as I face the Wall. Teach me to lean deeper into Your presence. (Read Psalm 77:-1-12; Psalm 143:7-12)*
- **Evening:** *Father, thank You for guiding me through hard places. Renew my hope and peace as I rest. (Read Psalm 62:1-8)*

WRITE ABOUT IT

When I face the "Wall" in my faith, how do I respond, and what does that reveal about my trust in God beyond what I can see?

SHARE ABOUT IT

- What does “walking into the Wall” mean to you personally in your faith journey? _____

- Have you experienced a season when your usual faith practices no longer seemed to work? How did it feel? _____

- Why do you think hitting the Wall can actually be a sign of spiritual progress, not failure?

- How do you typically respond when God feels distant or prayers seem unanswered? _____

SHARE ABOUT IT

- What “formulas” or patterns of faith have you relied on that no longer bring comfort or answers? _____

- What spiritual practices or mindsets help you move through times of stagnation or doubt?

- Who do you believe God is shaping you to become as you journey through the Wall?

DO SOMETHING ABOUT IT

Write an honest prayer on Metro’s “Wailing Wall” this week. Share your struggle with a trusted friend and invite their support.

ADDITIONAL RESOURCES

- *When the Well Runs Dry* by Thomas H. Green
- *The Night is Normal* by Alicia Britt Chole
- *Disappointment with God* by Philip Yancey